

PARENT INFORMATION SHEET

WELLNESS ROOM FOLLOW-UP



Your child had one or more of the following symptom(s) (new/different/worse from baseline of any chronic illness):

- Temperature of 100.4 or signs of fever (chills/sweating)
- Sore throat
- Uncontrolled cough that causes difficulty breathing
- Diarrhea, vomiting, or abdominal pain
- Severe headache
- Consider testing for COVID-19

To find COVID testing sites in Michigan, scan the QR code or visit https://www.michigan.gov/coronavirus/0,9753,7-406-99891_99912---,00.html



COVID-19 test results (positive and negative) should be sent directly to school administration.

If a student tests positive:

- Notify school of result
- Continue medical care as instructed
- Return to school only after:
 1. Ten days have passed from the first appearance of symptoms, AND
 2. Symptoms have improved, AND
 3. At least 24 hours with no fever and fever-reducing medications

If a student tests negative:

- Notify school of result
- Continue medical care as instructed
- Return to school only after:
 1. At least 24 hours have passed since symptom improvement, AND
 2. At least 24 hours with no fever and fever-reducing medications

If you choose to have your child see a primary care physician, your student may return with a signed physician recommendation, and:

- Fever - at least 24 hours have passed with no fever, without the use of fever-reducing medication
- Sore throat - improvement (if strep throat: do not return until at least 2 doses of antibiotic have been taken)
- Cough/Shortness of breath - Improvement
- Diarrhea, vomiting, abdominal pain - no diarrhea or vomiting for 24 hours
- Severe headache - improvement

If a student tests negative, but has had close contact with confirmed COVID-19 individual within the last 14 days:

- Notify school of result
- Continue medical care as instructed
- Finish quarantine for 14 days since contact with COVID-19 positive person

Other Information:

- Household members (ex: siblings) of a student within the district who have been confirmed to have COVID-19 will be excluded from school and will self-quarantine for 14 days.
- Household members (ex: siblings) of a student who is both symptomatic and is a close contact of a COVID-19 positive case is excluded from a school for 14 days since last date of exposure.
- A COVID-19 positive student does not need to be retested, or provide negative test results before returning to school, provided it has been 10 days since symptoms have appeared AND at least 24 hours since fever AND symptom improvement.
- All information will be kept confidential.

Students who have been tested for COVID-19 and are awaiting results should remain home, even if symptoms are no longer present.